

Are you the parent or carer of a child or young person aged 5-19 years who needs some basic health advice and support?

We can support around the following:

- Diet and nutrition
- Healthy lifestyle
- Healthy relationships
- Night-time bedwetting
- Emotional wellbeing
- Growth and development
- Sleep issues

and much more...

The School Nurse Team Drop-in service will be available at **TFD Centre** on the following dates:

Mon 15th May, 1-2.30pm

Mon 5th June, 1-2.30pm

Mon 3rd July, 1-2.30pm

Mon 7th August, 1-2.30pm

Mon 4th Sept, 1-2.30pm

Mon 2nd Oct, 1-2.30pm



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