

## PE Long Term Plan – Knowleswood Primary

All PE lessons must:

- Cater for every pupil's ability and use differentiation as a tool to support additional needs.
- Follow the Federation's positive behaviour policy to ensure lessons are supportive and inclusive.
- Involve an evaluation / comparison of their performance, through either peer or self-assessment.
- Include the opportunity for pupils to build on and improve their performance; particularly in Dance, Gymnastics & Athletics.

Year 6 will be swimming for two half terms to enable them to meet the National Curriculum standard. They didn't have swimming lessons in Year 5 due to Covid.

Year	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
REC	Me and Myself	Movement Development	Create Your Own Dance (Chinese Dragon)	Dance	Throwing and Catching	Fun and Games
1	Gymnastics	Dance	Multi-Skills (Sports UK festival)	Football (Invasion Games)	Rounders (Striking & Fielding)	Athletics
2	Football (Invasion Games)	Dance	Gymnastics	Multi-Skills (Sports UK festival)	Cricket (Striking & Fielding)	Athletics
3	Sports Hall Athletics  Gymnastics	Golf (Striking & Fielding) Sports UK festival  Dance	Cricket (Striking & Fielding)  Gymnastics	Handball (Invasion Games)  Badminton (Net & Wall Games)	Athletics  OAA	Rounders (Striking & Fielding)  Football (Invasion Games)
4	Badminton (Net & Wall Games)  Hockey (Invasion Games)	Golf (Striking & Fielding)  Dance	Gymnastics  Tennis (Net & Wall Games)	Basketball (Invasion Games)  Sports Hall Athletics	Rounders (Striking & Fielding)  OAA  Tag Rugby (Invasion Games)	Athletics  Cricket (Striking & Fielding) Sports UK Festival
5	Cricket (Striking & Fielding)  Football (Invasion Games)	Dance  Dodgeball (Invasion Games)	Gymnastics  Swimming	Tennis (Net & Wall Games)  Swimming	Netball (Invasion Games) Sports UK festival  Swimming	Athletics  OAA  Swimming
6	Ultimate Frisbee (Invasion Games) Sports UK festival  Gymnastics  Swimming	Dance  Basketball (Invasion Games)  Swimming	Badminton (Net & Wall Games)  Dodgeball (Invasion Games)	Table Tennis (Net & Wall Games)  Cricket (Striking & Fielding)	Athletics  OAA	Rounders (Striking & Fielding)  Tag Rugby (Invasion Games)