





MEAT FREE - MEAT FREE MONDAY

5 A DAY - 1 OF YOUR 5 A DAY

CHEF'S CHOICE

BE A HIGH-FLYER. A HEALTHY SCHOOL LUNCH SUPPORTS YOUR LEARNING



Week 3	Monday	Tuesday	Wednesday	Thursday	Friday
Main Dish	Sausage and mash	Meat and potato pie	Roast beef with Roast potato and veg	Pizza day and wedges	Fish fingers with chips
Vegetarian Main Dish	Quorn sausage and mash	Cheese and onion quiche with mash	Cheese and broccoli pasta bake	Cheese and tomato pizza with wedges	Quorn nuggets
Accompaniments 	Seasonal vegetables Salad bar	Seasonal vegetables Salad bar	Seasonal vegetables Salad bar	Seasonal vegetables Salad bar	Seasonal vegetables Salad bar
Dessert	Marble sponge and custard	Rice pudding	Fruit cobbler with custard	Fruit crumble and custard	Cheesecake
Fresh Fruit & Yoghurt	Fresh Fruit & Yoghurt	Fresh Fruit & Yoghurt	Fresh Fruit & Yoghurt	Fresh Fruit & Yoghurt 	Fresh Fruit & Yoghurt
Jacket potato & Sandwich Selection	Jacket potato & sandwich selection	Jacket potato & sandwich selection	Jacket potato & sandwich selection	Jacket potato & sandwich selection	Jacket potato & sandwich selection



MENU